



Vol. XXVI, Issue 8

Ho hiroginina wira | Fish Drying Moon

April 26, 2013



**Koenig named Tribune Boys Basketball Co-Player of the Year and Wisconsin AP Player of the Year**

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**Nutrition assured with Food Distribution Program**

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**New Professionals join Ho-Chunk Clinic staff**

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# Special General Council Meeting

## Section 17 nixed, President Greendeer narrowly escapes removal



Marlon WhiteEagle  
Editor

The Special General Council to address the Separation of Business and Government was held on Saturday, April 20th at the Patriot Center in Rothschild, Wisconsin. Legislature requested the Special General Council Meeting to introduce the effort to separate business and government and gain support from the tribal membership. In 2003, the General Council passed a resolution to Separate Business from Government.

Quorum was set at 1089 voting members. The first signs of meeting quorum occurred at 12:38 pm when 1113 were registered. However, roll call for meeting quorum wasn't reached until 2:19 pm.

The meeting was called to order and nominations for Chair of the General Council meeting began. Two tribal members were nominated: Dr. Jeremy Rockman and Charles Hindsley. Hindsley was elected to the chairman spot.

Hindsley asked Wilfrid Cleveland to offer the invocation. Ashley Natysin was assigned as the record-

ing secretary, and Harrison Funmaker was assigned as sergeant at arms.

Next up was setting the meeting agenda. Robert Funmaker presented two agenda items: the Separation of Business and Government, and the removal of President Jon Greendeer. Gloria Visintin then introduced a resolution to only address the Separation of Business and Government. Visintin complained that Funmaker introduced two resolutions. Then she introduced another resolution to close the agenda. The agenda was closed with only two agenda items: the Separation of Business and Government, and the removal of President Jon Greendeer.

The floor was given to Representative Heather Cloud to give a power point presentation on the Separation of Business and Government. The Ho-Chunk Nation Legislature applied for a Section 17 federally chartered incorporation to increase revenue, maximize sovereignty and self-governance for the Ho-Chunk Nation. Cloud said, "This has been in the works for more than twenty years. The motivating factors for the separation are: tax exemptions, retention of sovereign immunity, removal of poli-

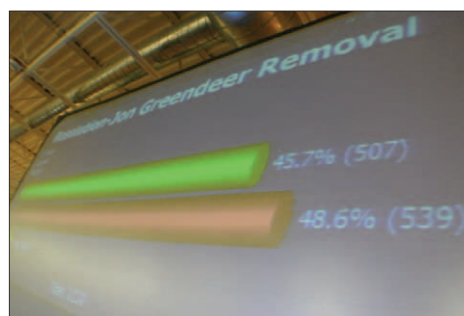
tics from operations, financial transparency, economic development activity, and to protect and separate assets and liabilities."

As part of the presentation, Legislature requested that members of the Seminole Tribe of Florida attend the meeting to share how they have had success with their Section 17 Corporation. The floor was given to Tony Sanchez, who is the President of the Seminole Tribe's Business Council and Vice President of their Tribal Council, to discuss the basics of their Section 17 Corporation. Sanchez answered one question from a tribal member interested in hearing from a tribe who operates under a Section 17.

Discussion was cut short on the main topic of the day. The resolution to approve was defeated.

Agenda item number two was the removal of President Jon Greendeer. Lot "Choch" Smith II introduced the resolution. Smith said, "This is not a personal. Too many people are suffering."

President Jon Greendeer was then given the floor for rebuttal. He said, "There is contempt for the Office of the President. We need to have a good system in place and make things run smoothly. The money lost



**The results of the resolution to remove President Jon Greendeer.**

in the Food & Beverage investigation was caused by ordering and supplies not being inventoried. We try to make it flat costs."

He continued, "I go to each district. I've been here for the people. It's not just one person; we all do this (make the Ho-Chunk Nation what it is). I will continue to do for the people. I drive three hours per day to get to work, and leave behind my family. It has to be worth it (for me to go to work each day)."

Greendeer ended his time by calling for the question, and eliminating discussion. The resolution to remove President Jon Greendeer was defeated.

Greendeer didn't address the seven charges brought against him. Willful and wanton violation of the Ho-Chunk Nation Election Code by not releasing the completed report of the Food & Beverage investigation to casino management and not reporting it to the tribal membership at the 2012 General Council meeting. The second charge stated that Greendeer opted to deceive the Legislature by advising them that he could not speak on this subject since there was ongoing investigation. Thirdly, Greendeer had not read the final report (until asked by a tribal member). The fourth charge

reads, "Jon Greendeer lied repeatedly to the people in the tribal newspaper in an apparent effort to provide damage-control to his presidency and to justify his severe dereliction of duty."

The fifth charge concerns Jon Greendeer being aware of violations of Ho-Chunk Preference and not enforcing our employment law. The charge suggests this is willful and wanton violation of the Ho-Chunk Nation Constitution. The seventh charge also refers to violation of the Ho-Chunk Nation Constitution; the president is to make recommendations to the Legislature on matters of interest or benefit to the Nation, and to propose leg-

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*Want something special placed in the Hocak Worak? Limited space is available so send your request in early. Submissions will be handled on a first come first serve basis.*



**Representatives from the Seminole Tribe of Florida were invited to the Special General Council to share their insight and successes with a Section 17 Corporation.**

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# Hello Ho-Chunk Nation,

Greetings, I am Terrence Lee Snake, fifth son of Rueban Harold Snake and Annie Winneshiek Snake. My wife, Lorraine, and I have four children and grandchildren: Winona, Shaun, RaeAnn, Dale, Naomi and Natasha.

I was diagnosed with diabetes in 2008. In my lifetime, I have been very active and with exercise, I am able to combat the effects of diabetes. I am involved in the local Picuris Diabetes Program administered at the Taos/Picuris I.H.S. facility located in Taos Pueblo. They also conduct a healthy heart program which allows them to monitor participants, blood pressure, blood sugars, weight, and food intake.

In June 1970, behind the little church at the Indian Mission, I was introduced to Native Americans and Indian basketball. Having spent many years in a foster home system of the State of Wisconsin, I got settled in the Mission area and had the jitters settled after getting bumped around by really big Maynard Rave, Big Lee, Bozo and Hutch Pettibone. Big Rube went up for a rebound and I came flying by and grabbed the rebound off his fingertips, those of you who remember how Rube played know how much athleticism that took. Cousin Gayland Rave saw that play and pumped his fist and shouted that we have a men's team this year.

We played a few years there at the church and then a new court was built east of the

church. Many games were played there. The players I remember were Loren, Reuben, Norman, John, Richard, Roger, Ralph Snake, Hutchie, Brian, Maynard, Dana and Tracy Thundercloud and Pete T.C. Even Carson Funmaker would come up from Wisconsin Dells and join us once in a while. Other players that showed up were Big Lee and Alan WhiteGull a.k.a. Hobos, Glen and Dallas White, Larry and his brothers Evans LittleGeorge, we played against Forrest Blackdeer who played in his work boots, the Winneshiek brothers Forrest and Clayton. Those were memorable days and I enjoyed them very much. With this group, we played 100 points many nights of the week at Indian Mission. We formed some men's basketball teams and competed in Black River Falls men's leagues over the years were able to capture many league championships.

This group also played basketball in Neopit, Oneida, Minneapolis, Chicago, La Crosse, Tama Iowa, Winnebago Nebraska, Wittenberg, Wisconsin Dells, and Tomah, all on the All-Indian Basketball Circuit. I offer a special "thank you" to Don and Ruth Anawash on the courts of the Indian Mission kept me active and set into motion a way of life which I maintain to this day.

My personal schedule for exercise is to do two three-mile hikes: one in the morning and one in the evening just before dark. I adapted one of those camelback water

backpacks with a sand bag of 25 pounds to carry on those hikes. Wintertime keeps me to the blacktop roads but once the snow clears, I will be able to resume walking in the mountains. It is much warmer here in northern New Mexico, so it is easier to maintain this schedule. It is very hard to see benefits if your schedule is interrupted for a significant amount of days.

Cardiovascular, muscle tone, endurance, blood pressure, blood sugar and body weight need a consistent amount of exercise to accomplish our personal goals. I pray for changed personal conduct and hope you make excuses to do exercise and less excuses to put off exercising.

Once the snow clears here, I resume my hikes in the mountains. Here in New Mexico, I tell people I am looking for antlers which I can use in my craft projects but there are many other benefits in those hikes. Muscle tone, balance from going up and down the hills, cardiovascular from hiking at high altitude sometimes as high as 13,000 feet on top of the Jicarita Peak in the Sangre de Cristo Mountain Range. I enjoy serenity from being in Mahuna's creations, seeing all the animals, birds, insects, flowers and trees, which

alleviates my stress level and blood pressure. We all have stress and problems in our lives and need to resolve these issues in a healthy way.

I have had many milestones in my life. There is a physical side of life as an athlete.

- I was National Champion in the 1998 National Indian Athletic Association, Albuquerque, New Mexico, Del Norte High School, 35 and over division; and National Champions basketball N.I.A.A. Albuquerque, N.M. 2002; plus numerous second, third and fourth places in many arenas here in the West.

- I was part of a team that placed second at the N.I.A.A. Nationals in Wisconsin Dells in 2008, sponsored by the Ho-Chunk Nation.

- It's my 41st year for men's softball in 2013, playing in Taos Men's League.

- I've been wild land fire fighting for 10 years in all Western states.

- I've hiked to several mountain peaks in New Mexico: Wheeler Peak – 13,840 feet; Jicarita Peak – 13,111 feet; Sandia Peak – 10,455 feet; and Picuris Peak – 10,113 feet.

- I coached co-ed teams for the Picuris team, which consists of second through eighth-grade students from 1996-2004.

- I was initiated into the Albuquerque War Shield Society Gourd Dancers and have been asked to be Head Gourd dancer at many Pow Wows in New Mexico.

My brothers and sisters from Nebraska endured many hardships from diabetes, high blood pressure, heart problems, vision problems and my dad, Rueben Harold Snake lost both lower legs do to amputation from diabetes complications. They have dealt with these complications with their teachings from the N.A. Church Peyote way of worship: PJ La Pointe, Sterling Snake, Rueben Snake, JR Winnefred, and "Snake" LittleGeorge.

They contributed too many good things during their lifetime to the Winnebago Tribe of Nebraska, along with the late Winnebago President Daryl LaPointe, our son. And to our Snake family and the Snake Clan of the Ho-Chunk Nation, I am sorry they suffered those hardships in their last years. I hope our tribes, the Ho-Chunk Nation and the Winnebago Tribe of Nebraska, can support and innovate new ways our diabetes programs can combat diabetes on a daily basis so our elders can enjoy their senior years.

Terrence Lee Snake



## HO-CHUNK NATION Department of Labor

### "Summer Youth Employment Program" (14-17 years old HCN enrolled) Application Process 2013

We will start taking applications beginning **April 30, 2013** with a closing date of **May 31, 2013**.

All HCN enrolled tribal youth (14-17 yrs.) have the opportunity to apply. Applications will be considered on a first come, first serve basis. The SYEP is limited to **50 applicants for 2013**.

**\*\*\*Incomplete applications will not be accepted! (Work permit and proof of HCN Tribal Enrollment must be attached to the Application.)**

**\*\*\* The worksite must be approved by the Department of Labor.**

(Youth not are allowed to work where immediate family members are employed.)

In order to complete an application, the youth must submit the following required forms in order to be considered for the SYEP. If you were on Ho-Chunk Nation SYEP previously, you will only need to complete a med-screening, tax, application, and applicant approval forms.


1. **Med-screening Form** required-must be complete with **Parent/Guardian** signatures.
2. **Application** – completed, signed and dated by the **Youth and Parent/Guardian**.
3. **Work Permit** – if required by the state in which you reside-**new applicants only**.
4. **Proof of HCN Tribal Enrollment**
5. **Labor Applicant Approval Request Form** - must be approved by the Compliance Division.

The Department of Labor applications will be date stamped to verify when received with all required information. It will be the **youth's responsibility** to contact the Department of Labor to verify if their application has been received and if any information is still needed.

If you are 14-17 years old and have questions, contact **Elva Brown**, in the Department of Labor at (800)294-9343 or (715)284-5877 at Ext. 1162.

Revised 4/16/2013

P.O. Box 667 \* Black River Falls, WI 54615  
(715) 284-5877 \* 1-800-294-9343  
\* FAX (715) 284-1520



## THREE RIVERS COMMUNITY POW-WOW

May 11-12, 2013

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GRAND ENTRY: Saturday-1PM, 7PM Sunday-Noon

UW-LaCrosse Mitchell Hall Gymnasium


1725 State Street, La Crosse, WI 54601

MC: Chris Grezlik	Head Man Dancer: Joe Pecore
Arena Director: Paul Cloud	Head Woman Dancer: Tracy Pecore
Host Drum: Lake Deltan	Ho-Chunk Nation Color Guard

Invited Drums: Wisconsin Dells Singers, Little Thunder, Wazjaci, Bearheart, Niilwo Gilzic, Wolf River, Str8 Across.

Vendors contact Marsha Smith  
marsha.smith1@gmail.com  
La Crosse Pow-Wow Committee  
PO Box 3493, La Crosse, WI 54602

Admission Free with  
Food Donation  
at event location



No Alcohol or Drugs • Not responsible for lost or stolen items • Security Provided



# Dietician makes nutrition delicious at the TAUs

Ken Luchterhand  
Staff Writer

An important aspect of any diet is getting the right amount of vitamins, minerals and nutrients.

To help make that possible, a dietician has started working with the Tribal Aging Units (TAUs).

His name is Tim Holtorf, having started with the Ho-Chunk Nation on Jan. 28, 2013, having graduated from University of Wisconsin – Stout with a degree in dietetics.

Since he has started, Holtorf has been coordinating the menus of each of the meals provided to elders at the TAUs. He analyzes the menus for protein, carbohydrates, fats and other ingredients to make sure the meals are well balance and heart-healthy.

Having grown up in

Mukwonago, Holtorf became interested in healthy choices of food while in high school. He became interested in body building and he knew that correct nutrition could further his cause.

"When I was in training, I researched nutrition and I have had a passion for it ever since," he said. "I monitored what I ate pretty closely. It just clicked with me."

Another influence on his career choice is the healthy habits of his family. His parents and siblings have always enjoyed exercise and outdoor activities, along with eating foods that are nutritious.

"I always hated eating vegetables," he said. "But once I began body building, I started eating them more and actually began to like them. It takes a while to like

something new, but in two weeks, a person's taste will change."

Similarly, he feels other people can make dietary changes if they just stick with it.

Besides developing nutritional meals, Holtorf works with individuals to develop diets according to their needs. He offers them dietary counseling to aid in their management of heart disease, diabetes, acid reflux and other medical concerns. He enjoys talking to elders about their concerns.

Along with the meals offered at the TAUs, the meals also are made available through home delivery, especially to elders who are home-bound, he said.

He has regular meetings with cooks from each of the TAU sites to discuss meal planning and other concerns with nutritional requirements.

"The cooks are trying to make meals with the freshest ingredients and the least processed food," Holtorf said.

As for future plans, he hopes to develop a Nutrition Advisory Council within the Nation and to make sure the people involved attend conferences on the subject, such as the conference of the Wisconsin Academy of Nutrition and Dietetics (WAND).



Tim Holtorf is the new dietician with the Tribal Aging Units of the Ho-Chunk Nation.

"It's a good place to share ideas," he said.

"Tim has the education for a dietician; he is working on becoming a Registered Dietitian," said Tribal Aging Unit Director Marie Lewis. "His work with the elders in the Ho-Chunk Nation will provide him with valuable experience. He is always willing to speak with the

elders and answer any questions.

"He has a good attitude and personality which allows good interaction with everyone he meets. A dietitian for Tribal Aging is a requirement of the State of Wisconsin and Federal grants," she said. "I appreciate all the work Tim has done for Tribal Aging nutrition program."

**H.A.G.A TOUR  
GOLF IS BACK**  
SHAWANO LAKE GOLF COURSE  
**MAY 18, 2013**  
10:30 SHOTGUN START  
\$55.00 18 HOLES W/C  
HIGHWAY 29 EAST BOUND EXIT 227  
HEAD NORTH ON K LEADS INTO  
LAKE DRIVE APPROX. 7 MILES TO  
COURSE ACROSS FROM  
SHAWANO PARK  
CONTACT:  
LES FEY 715-799-4207  
MARTY LITTLEWOLF 715-432-6594

**FOOT EXAMS AND NAIL  
CARE WILL BE OFFERED AT  
THE WITTENBERG TAU  
TWICE MONTHLY**  
**APRIL  
2nd & 23rd  
MAY  
14th & 28th**  
(OR AS NEEDED BY APPOINTMENT)  
**9:30 AM - 2:30 PM**  
For more information or questions please call:  
Community Health Nurse Judy  
715-253-3820 or 715-893-3075

**Attention: The Next Deadline of the  
Hocak Worak will be May 10th which will be  
published on May 17th. Please contact  
Enrollment at ext. 1015 if you have a change of  
address or would like to be placed on  
the mailing list.**

**Weight Loss Classes**  
**Beginning in May 2013!**  
Black River Falls – Ho-Chunk Gaming BRF  
Snack will be provided!  
**Black River Falls:**  
Every other Thursday 8:30am to 9:15 am  
Hurry up and reserve your spot, classes are limited!  
Classes offered to native participants at no cost, non-natives  
may participate for a small fee.  
Contact Rachel Montana for more information:  
Phone: (715) 284-9851 ext 5039  
E-mail: rachel.montana@ho-chunk.com

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The Hocak Worak encourages the submission of letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content.

The Hocak Worak reserves the right to reject any advertising, material, or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the Hocak Worak. The Hocak Worak will not assume any responsibility for unsolicited material.

Submissions deadlines for the Hocak Worak are by 4:30 PM. We cannot guarantee the publication of submissions meeting these deadlines if the space is not available. No part of this publication may be produced without express written consent from the Editor.

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**The Native American  
Journalist Association**

# BRF principal, student honored by Native American organization

Permission from the Jackson County Chronicle by Cassandra Colson, Reporter

A Black River Falls elementary principal and fourth-grade student recently received awards from a statewide Native American educational organization.

Forrest Street Early Learning Center Principal Mike Lichucki and Gebhardt Elementary School student Naomi Falcon each received an annual award from the Wisconsin Indian Education Association.

The WIEA gives out 11 annual awards, including seven for students in various grade level categories, others for educators and scholars.

Lichucki is the 2013 recipient of the Ronald N. Satz Friend of Indian Education award, which is named in honor of a UW-Eau Claire vice chancellor and Native American historian.

Lichucki, who was nominated by one of the school's Ho-Chunk tutors, works to incorporate Ho-Chunk language into daily announcements and also has

the school's vision statement translated in the language.

He's also worked to research the best instructional practices for Native American students.

"I am so pleased that Mr. Lichucki was the recipient of this award. Mike does a great job of incorporating the Ho-Chunk language in his daily announcements and continually seeks out more information to better understand the culture of our Ho-Chunk students," said Jill Collins, the BRF district's acting superintendent.

"He is very deserving of the award and is a great asset to our district leadership team. Mike represents the district well."

Lichucki, who's in his third year as Forrest Street's principal, said he didn't have exposure to Ho-Chunk language and culture before coming to BRF from the Holmen School District.

However, his previous employment always has been related to language and culture, so learning about the Ho-Chunk Nation was natural as he began his work in BRF, he said.

"It was quite a shock (to be nominated and receive the award) because it feels like this is what you should do. I just don't think I'm doing anything out of the normal," Lichucki said. "When you get an award like that, it's a thank you, but it really is an inspiration to do more as well."

"You don't ask for those kinds of awards in education, but when you get them, it's sure nice."

WIEA outstanding student awards are given out based on academics, personal growth and character, sound judgment, creativity, cultural knowledge and other criteria.

Falcon, a fourth-grader at Gebhardt Elementary School, is the recipient of the WIEA's fourth- through seventh-grade award for 2013.

Falcon's teacher, Kathryn Bishop, said the youngster is an "exceptional" student who is eager to learn and excels multiple subject areas, from reading and writing to math and spelling.

But her positive qualities also extend beyond her academic achievements, Bishop said.

"Naomi strives for



Forrest Street Early Learning Center Principal Mike Lichucki, left, and BRF fourth-grader Naomi Falcon each have received an award from the Wisconsin Indian Education Association.

Contributed photo

perfection," said Bishop, who didn't nominate Falcon but eagerly wrote a letter of recommendation for the award when asked.

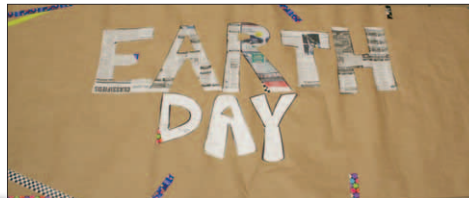
"Naomi not only strives to do her best in academics but also in her behavior. Her winning smile, politeness and caring attitude makes her a

pleasure to teach."

The WIEA's mission is to promote education and education-related opportunities for Native American people in the state. For more information on the organization, visit [www.wiea.org](http://www.wiea.org).

## Earth Day celebrated

The Ho-Chunk Nation Department of Heritage Preservation and Environmental Health Staff held an Earth Day Exhibit at the Tribal Office Building where Head Start Students were able to learn about many different environmental topics such as Ho-Chunk Lands, Prescribed Fire, Birds of Prey, Pond Life, Wildlife, Trees and much more in honor of Earth Day 2013.





# Tribune boys basketball co-players of the year: Thomas and Koenig

Permission from the La Crosse Tribune by John Casper Jr.

Bronson Koenig and Matt Thomas. Matt Thomas and Bronson Koenig. The duo — forever linked by their head-to-head battles, their state and conference championships, their insatiable work ethic, the big-name college coaches they brought to town, the gyms they filled, the fans they delighted, the kids they inspired, the opposing coaches they rendered helpless, the autographs they signed, the pictures they posed for — will leave this summer.

But their story isn't finished. Not even close.

Koenig, who won two WIAA Division 3 state championships and one MVC title at Aquinas High School, is off to the University of Wisconsin to play for the Badgers. Thomas, a three-time MVC champion who won a Division 2 state title as a junior at Onalaska, is headed to Iowa State University and the Cyclones.

But even as they are about to leave, their full impact on basketball in the Coulee Region has yet to be measured.

"We may not see the benefit of it for years," Aquinas coach Rick Schneider said.

For what they've meant — and will continue to mean — for basketball in La Crosse, Koenig and Thomas are the Tribune Boys Basketball Co-Players of the Year.

It's the second time for both. Koenig was named player of the year after he helped the Bugolds win a WIAA Division 3 state title in 2011. This year, he led Aquinas to another state championship and was named The Associated Press state player of the year.

"It went by pretty fast," said Koenig, who missed the second half of his junior year with a thumb injury. "It was good to go out winning a state championship."

Thomas was named player of the year after last season, when he led the Hilltoppers to a Division 2 state championship. Onalaska lost in a state semifinal this year, but Thomas averaged 28.2 points per game and passed the 2,000-point mark for his career thanks to several virtuoso scoring performances.

"It's bittersweet," said Thomas, who with 2,042 points is the MVC's all-time scoring leader. "I'm sad it's over, but I'm definitely looking forward to the next level."

It will be a long time before they're forgotten.

"We've been pretty spoiled," said longtime Viterbo University men's basketball coach Wayne Wagner, a fixture at local high school basketball games. "You don't see the likes of a player like either one of

them come through too often. For us to see them coming through in the same class, I don't know if we'll see anything like that again."

In the decades before Koenig and Thomas came along, the area had a handful of Division I recruits, the last of which was former Melrose-Mindoro and Aquinas star Scott Christopherson, the 2007 Tribune player of the year who started at Marquette then transferred to Iowa State. Nick Arenz, a teammate of Thomas' for three years at Onalaska, accepted a scholarship to UW-Green Bay, played there this past year and recently decided to transfer.

But these guys — both were two-time members of the AP All-State first team — brought it to a new level.

Koenig got the first offer, from UW-Green Bay, during his freshman season. Thomas, because he was a little small as a freshman (he grew from 5-foot-9 to 6-1 in one year and is now 6-4), didn't receive his first offer until his sophomore year from Northern Iowa.

That was just the beginning.

Roy Williams made several trips to La Crosse. Bo Ryan watched the two of them square off against each other in a game at Aquinas. A spot was saved at a game for Mike Krzyzewski. Bill Self came calling.

And that's not including visits from coaches at Marquette, Minnesota, Iowa State and Virginia.

La Crosse was on the basketball map, not just in the state, but in the nation.

"For many years, I think the assumption was in this area that basketball, at its highest level, is for kids in New York and L.A. and different parts of the country," Onalaska coach Craig Kowal said.

"But they've made people realize that through a ton of hard work and dedication and focus it can be done right here."

Both players said playing high-level AAU basketball helped with national exposure.

"You get to play with really good players around the state and against the best players in the nation," Koenig said.

They raised the level of play, not only of the players on their respective teams, but the other teams in the MVC and the La Crosse area.

It culminated in one of the best basketball seasons anyone in this area can remember.

"They raised the bar and level of play for everyone," Central coach Todd Fergot said. "It was unbelievably challenging, but it was so fun to compete against them. You knew you were competing against not only the best kids in the area, or the state, but the nation. We looked at it as a great opportunity."

Fans couldn't get enough.



Matt Thomas and Bronson Koenig.

Competitive games always bring out big crowds in the La Crosse area, but Koenig and Thomas made Tuesday and Friday nights electric.

"It's a good feeling," Thomas said. "I'm just glad people came out and supported us."

The crowds were historic. When it became apparent Aquinas' modest gym wouldn't be enough for the first meeting between the teams this season, the game was moved downtown to the La Crosse Center.

"I threw out the number between 3,000 and 3,500," Schneider said when asked how many people he thought would attend the game.

The first game, which came on a Friday night in December, drew more than 5,000, which was believed to be a record for a high school game in the La Crosse area. That is, until the next meeting, a Thursday in late January, drew more than 5,400.

"I've been around here long enough, coaching 12 years in the area, growing up in the area, I've seen a lot of high school basketball games in the area ... those games in the La Crosse Center were special," Kowal said.

"I told my coaches to take mental picture. You may not see it again. It was such an incredible event."

"This area loves their basketball, and those two games really proved it."

The games were memorable. Koenig and Aquinas took the first meeting 46-44, getting a key defensive stop late. Thomas and Onalaska won the rematch 49-48 in overtime on a late free throw from Dustin Gordon.

"The community made it special by showing up," Schneider said. "The product was good, the community recognized the product was good, and they came out to show appreciation."

"It shows that people around the community appreciate good basketball," Koenig said.

Koenig and Thomas provided plenty of that, and they did it in different ways.

Koenig is a pure point guard who dazzles and wows crowds with his ballhandling and passing ability. It's almost musical the way he gets into a dribbling rhythm while running the Bugolds' halfcourt offense. On a nightly basis, he provided something you'd never seen on a basketball court.

Thomas was a pure shooter, but worked hard to become an all-around scoring threat. He faced many junk defenses, but instead of frustration, he answered with solutions. Nobody was better at finding different ways to score, and he made using the backboard an art form. He scored 50 points against Tomah, and twice went for more than 40, including a 41-point performance in a sectional final.

"They always did something that made you go, 'Wow,'" Fernholz said.

They said they didn't get sick of hearing how great the other was, although Koenig was irritated during his junior season, when he couldn't play for the first time because of injury and had to watch Thomas and rival Onalaska win a state championship.

"I couldn't do anything," Koenig said. "That was tough."

What they did get sick of, however, was when people tried to compare them.

"The teams we played on were different, we played different positions, we had completely different roles," Thomas said.

Both Koenig and Thomas — and their coaches — said they're driven by an internal desire to improve, but they motivated each other to work hard, too.

"When there's a kid like Bronson in your conference that you're going up against twice a year, you know you're going to have to be ready to compete," Thomas said. "You know he's getting better, so

you have to get better, too."

Said Koenig: "You want to be the best. If you're a competitor like us, you want to be the best."

They certainly motivated others, and will continue to motivate and inspire future classes of La Crosse area basketball players.

"We've had good players in the area before," Wagner said, "but two of them in the same class really magnified it."

"The biggest impact is what we're going to see beyond this. You have all those young kids who went to those games and watched them play. You'll see more of them out there playing, wanting to be like them some day."

The impact they've had on younger players is obvious. Every kid with a hoop in his driveway has pretended to be Koenig or Thomas — or both. Kowal said Thomas took it a step further and spent a Saturday a few weeks back watching a third-grader play in a day-long tournament.

"They'll help grow basketball in the area," Schneider said. "They're going to have a lasting impact on basketball in our community."

It's tough for an 18-year-old kid to put his legacy into perspective, especially when there's so much of the story left to be written.

But Koenig and Thomas are aware of the impact they've had on the La Crosse area, and it fills them with pride.

"There haven't been many DI players, and to have two at the same time 10 miles from each other, I think that was pretty special in itself," Koenig said.

Both hope they were the start of something big.

"I just hope we changed basketball around here," Thomas said. "You haven't seen the 5,000 fans at a game. You haven't seen anything like it. I just hope kids watched us and wanted to be like us, and that's going to get more kids into basketball."

# Nutrition assured with Food Distribution Program

Ken Luchterhand  
Staff Writer

When Anita Whiteeagle Winneshiek checked on some of the dates stamped on her canned food, she had some concern. Some of the dates were in the past, so she wondered if the food was still any good. She thought she had just received those "commodity" food items from Food Distribution and yet, they appeared to be expired already.

"I'm just concerned for the health and welfare of our people," Whiteeagle Winneshiek said. "I want them to receive fresh and nutritious food."

Because of her concern, Whiteeagle Winneshiek, at the request of Food Distribution staff, brought the cans of food, a package of pasta and a bag of shelled peanuts to the Food Distribution building so

they could be examined.

What she soon found out is that the date on the package doesn't necessarily mean that it is an expiration date. Instead, the dates were listed as "Best by," meaning the food should be eaten by that date for optimal freshness, but may still be eaten beyond that date because foods, like canned goods, pasta and dried beans, have a long shelf life.

"We want people to be assured that we are giving them the highest quality food available," said Denise Dodson, Nutrition Director, whose program oversees the Food Distribution Program. "If anyone has questions about the food they receive, we encourage them to ask us."

Dodson and Food Distribution Director, Andrew Rave, want to assure all people receiving commodities that the food provided is fresh and that they have a quality protection program in place.

"We inventory all the food in the warehouse every month," Rave said. "All data is on our computers and we know how long it has been here. We rotate the stock and nothing but fresh food is provided to individuals and families."

Although the Food Distribution Program has been around for many years, there are some people who are not sure how it operates.

The program is funded by the United States Department of Agriculture, and staffed by Ho-Chunk Nation employees, who follow the USDA policies and guidelines when administering the program. Anyone wishing to receive commodities can fill out an application to be processed

by Sue Wilcox, Food Distribution Secretary at either the BRF office or tailgate distribution sites.

Acceptance of the application and enrollment into the program is contingent upon

USDA household income standards and receipt of all documentation required to establish household composition.

The income allowable guidelines are actually higher than what is allowed for the federal food stamp program, Supplemental Nutritional Assistance Program (SNAP), Dodson said. "In my opinion, the Food Distribution Program is better than SNAP for the client because the same amount of food is given regardless of inflation," Dodson said. With SNAP, clients actually receive less food as the price of food increases.

Applicants do not always come with all of the documentation necessary to have their applications approved and certified, but because their need is great, the Food Distribution Program provides applicants with a onetime "courtesy fill" of commodities, so, even if their application isn't complete, they aren't leaving empty handed.

In that case, their applications are considered "pending" and the applicant is granted additional time to bring in the missing documentation. Once the documentation is provided, and their applications are reviewed and approved, they are certified to continue to receive commodity benefits. The applicant then fills out a grocery list to select the types of food items they would like to receive. The amount of food provided is based on family size.

When an order is being processed, the workers go into action like a well-oiled machine. Empty boxes are placed on the end of the conveyor line and Rave begins to call out the food items from the forms on his clipboard. Warehousemen John Falcon, Stephan Johnson and Robin Flick kick into gear, grabbing the cans, packages and boxes of food items from either side of the conveyor and placing them into the boxes. As each item has been placed into the boxes, the workers call out the number and items so that Rave can check them off his list. An order for a family of nine, contained by several cardboard boxes, takes the crew only a few minutes to complete.

Although the commodity warehouse is in Black River Falls, behind the Tribal Office Building, it is not necessary for the clients to drive to the building to receive the food. The program has "Tailgate Distribution" every Wednesday in four Ho-Chunk communities: Wisconsin Dells, Wittenberg, Tomah and Nekoosa. No tailgate distributions are provided on per cap months. Also, for clients who have substantiated mobility problems, the orders can be delivered to their



Orders are filled by Food Distribution Director Andrew Rave reading the food items from his clipboard and John Falcon, Stephan Johnson and Robin Flick placing the items into the boxes.



The manufacture date is printed on this bag of cornmeal, which people may get confused with an expiration date.



The dates printed on these cans designate the "Best by" dates. The food is best consumed by the date, but the quality will last long beyond that date.



When an order has been filled, the boxes of food are placed on the counter for inspection, then taken out the client's vehicle.

homes.

When tailgate distribution is set for a community, all three fleet trucks of the Food Distribution Program are driven to the site. The largest vehicle, a tandem-axle boxed truck, is set up with a conveyor down the middle so that the commodities can be taken from each side of the truck to process orders. Also, one of the trucks is equipped with a refrigeration unit, so meat and other perishable items can be added to the orders.

The Food Distribution Program has been in existence

with the Ho-Chunk Nation since the mid-1980s, and the present warehouse building was built about six years ago, Rave said.

"Providing food to clients is not their only objective," Dodson said. "Throughout the year cooking demonstrations are offered and nutrition education is provided monthly at all of the tailgate distributions," she said.



# Ho-Chunk Gaming Black River Falls awarded WI-ESGR "Above and Beyond" Military Support Award

Submitted by  
Crystal Sbraggia,  
Advertising Manager

Ho-Chunk Gaming Black River Falls, recently named a 2013 "Above and Beyond" award winner by Department of Defense Organization, Wisconsin Employer Support of Guard and Reserve (ESGR), was formally recognized as one of Wisconsin's most exceptional employers for the support they extend to their

employees serving in the U.S. Military.

Founded in 1972, the ESGR seeks to foster a culture in which all employers support and value the employment and military service of members of the National Guard and Reserve in the United States. Currently upheld by nearly 5,000 volunteers and a small number staff nationwide and beyond, the WI-ESGR presented Ho-Chunk Gaming Black River Falls Executive Manager, Greg Garvin and Security Director, Mark Thundercloud, with the award at their annual banquet on April 13, 2013 in Green Lake, WI.

The annual WI-ESGR "Above and Beyond" award is determined through a nomination process in which members of the National Guard and Reserves or their family members share ways in which their civilian employers have gone above and beyond in support of their military careers and responsibilities. Only a limited number of

nominations actually receive the "Above and Beyond" award each year.

The nomination for Ho-Chunk Gaming Black River Falls, submitted by Security Officer and Reservist, Sgt. Nicholas Respicio of the 7212 Medical Support Unit of Rochester, MN, was one of just a few chosen from over 270 nominations received for Wisconsin employers. In the nomination, the casino was thanked for the support they extended to Nicholas despite the short amount of time he held employment with the facility. As a new employee, Respicio was still within a probationary period when his military status was ordered active November 2012. Knowing he was not guaranteed job status protection, he was grateful to hear that Ho-Chunk Gaming would be happy to welcome him back as an employee upon return from his twelve month military leave. He also noted appreciation for the holiday incentive gifts that were extended to his family during his leave and the overall hiring preference that the Ho-Chunk Nation gives to military personnel.

Excited, yet humbled, over the opportunity to be granted



Pictured is Major General Karen LeDoux along with Ho-Chunk Gaming Black River Falls' Executive Manager, Greg Garvin at the 2013 Wisconsin ESGR Awards Ceremony in Greenlake, WI.

such a major award, Greg Garvin modestly noted, "It's the least we can do when you consider what Nicholas and the rest of the U.S. soldiers are doing for us. Service men and women, past or present, are very important to our facility and the Ho-Chunk Nation as a whole. We do our best to find ways to help support and pay tribute to our military members."

This is not the first time Ho-Chunk Gaming Black River Falls has been awarded for the support they give to soldier

employees. In 2009 they received the ESGR Patriot Award for the extraordinary support they offered former employee, Karee Cockling, during her deployment. Beyond employees, Ho-Chunk Gaming Black River Falls is also active in showing support to all veterans and current members of military through participating in programs, such as UnMet Needs, the Badger Honor Flight Program and other miscellaneous donations and events.



Sergeant Nicholas Respicio

**SUMMONS**  
(Second Publication)  
**IN THE HO-CHUNK NATION TRIAL COURT**  
Gundersen Clinic, Ltd., Petitioner, v. Brett Blackdeer, Respondent.  
Case : CG 13-033

TO THE ABOVE-NAMED RESPONDENT: Brett Blackdeer

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register & Enforce a Foreign Judgment or Order* is now served upon you by publication. Your written *Answer to the Petition* must be filed with the Court on or before the twentieth day from the date of the published issuance of this *Summons* in. See *Ho-Chunk Nation Rules of Civil Procedure*, Rules 5(C)(1)(f), 6(A). You may request a hearing within your written response. *Id.*, Rule 73(A). Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record. Failure to file a timely *Answer* in the time allowed *can affect your right to object to the enforcement of the foreign judgment or order*. *Id.*, Rule 54.

The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court's mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

**SUMMONS**  
(Second Publication)  
**IN THE HO-CHUNK NATION TRIAL COURT**  
State of Iowa, Petitioner, v. Vance Tyler Swallow, Respondent.  
Case : CS 13-16

TO THE ABOVE-NAMED RESPONDENT: Vance Tyler Swallow

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register & Enforce a Foreign Judgment or Order* is now served upon you by publication. Your written *Answer to the Petition* must be filed with the Court on or before the twentieth day from the date of the second published issuance of this *Summons*. You may request a hearing within your written response. See *Recognition of Foreign Child Support Orders Ordinance*, 4 HCC § 2.5. Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record. Failure to file a timely *Answer* in the time allowed *can affect your right to object to the enforcement of the foreign judgment or order*. *Id.*, § 2.6c.

The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court's mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

## General Council

Continued from Page 2

isolation ... to the Legislature. Greendeer referred to the Legislators as "Legis-lazys" while campaigning for office.

The sixth charge is based on willful and wanton violation of the Mission set forth by the Ho-Chunk nation's Department of Business Establishment and Organization Act to maximize the profitability ... through effective management and administration. A Ho-Chunk tribal member with great experience was overlooked in hiring, while a minimally qualified tribal member was hired.

Both agenda items were cut

short on tribal member input and discussion.

Rep. Cloud said the Legislature will continue to work on the federal charter and present it at the Annual General Council meeting. The work remaining on setting up the Section 17 Corporation is as follows: Legislative ratification of charter, File charter with BIA, Establish the Initial Board of Directors (BoD), Approval of Board By-Laws, Establish Management and Executive Staff (BoD), Amendments to any current laws by Legislature, Drafting of Policies for Corporation (BoD).

## THUNDERCLOUD YOUTH GOLF ACADEMY Now Recruiting Players

Lessons will be given to those that are interested in learning the game of golf. There will be specific criteria that must be met to receive a scholarship.

### Available scholarships to include:

- Custom golf clubs
- Golf bag
- Shoes
- Golf balls and tees
- Rounds of golf / tournaments

The academy will teach you golf techniques as well as etiquette, sportsmanship and patience.

For more information please contact Quentin or Andy at:

Andy  
Thundercloud  
Phone: 608-387-2640  
ndngolfguy@netscape.net

Quentin Thundercloud  
24402 Dexter Ave.  
Tomah, WI 54660  
Phone: 608-372-9558  
qthundercloud@centurylink.net

# Photographer Ilana Bar-av captures moments one snapshot at a time

Sherman Funmaker  
Staff Writer

Ilana Bar-av daughter of Liz Haller comes from two very different worlds.

"Growing up with a Jewish father and a Native American mother, it was a bit tough trying to figure out where exactly I fit in...I've never been enough of one thing to be considered something"

Ilana said.

Her father, Zeev Bar-av, grew up in Israel before coming to America and settling in Madison in the 1960s.

Her mother Liz currently works for the Ho-Chunk Nation in Black River Falls.

Ilana has had music and photography in her life since the beginning. Her mother

played classical guitar back in the day and her father was an accomplished photographer that taught her much of what she knows now, so she was around these two genres most of her life and has been a great influence in what she is currently studying.

"My dad took me to symphonies and operas when I was growing up and living with him" She said. She lived with him in Madison until his death in 2008.

Growing up with these influences around her made for a very different and exciting childhood. Her mother would take her to pow-wows, and she feels like she has had more Native teachings and traditions taught her while her father brought her up with some Jewish teachings and customs. She has been taking pictures since she was a kid and today it is her main source of income. She loves taking pictures and being able to capture these special moments for her clients, but she is way more than a photographer.

She also grew up playing soccer and after she graduated from Madison Memorial High School she received a soccer scholarship from UW Milwaukee in the fall of 2006. She came in as an education major because she felt like she could help people in that way.

While there she continued her photography but also feeding her interest in music, she took up guitar in her freshman year.

She had played soccer, practiced her guitar and studied there for a year before transferring to Edgewood



Photographer Ilana Bar-av

College in Madison.

Two of her best friends had been going there and after a tour of the school and seeing that she could probably get some more playing time with the soccer team she decided to make the move closer to home.

Along with majoring in guitar and performing with the Guitar Ensemble, she is the current president of Chamber Singers and also performs with the Campus-Community Choir and Jazz Ensemble. Ilana did her internship at Mid-West Family Broadcasting's Q106 radio station, where she worked in promotions. She is currently employed at Q106 managing the website and social media, and other promotional activities.

In addition to her musical activities, Ilana played for the Edgewood College women's Soccer Team from 2007-2009

and was named a Northern Athletics Conference Scholar Athlete all three years.

Ilana is the recipient of several prestigious scholarships at Edgewood, including the Harry L. French Scholarship from the Madison Rotary Foundation, the Blake Family Scholarship, the Vernon & Anja Sell Choral Endowed Scholarship, and the Mary Mickle Battcock Memorial Scholarship.

She will be graduating from Edgewood later this year and hopes that this life will continue to be what it has been so far...full of twists and turns, life, love of family and friends and images that will remain long after we are gone.

For more information or to contact go to: Ilana Photography on Facebook.  
<http://www.ilananatasha.com>



Whisper and Erin at Hotel Red, Madison.



Wisconsin State Capitol.



A Wisconsin sunset.





# Baraboo School receives grant for healthy snacks

Sherman Funmaker  
Staff Writer

It is a well known fact that children in the United States are becoming increasingly overweight and obese, and most do not get the daily recommended amounts of fruits and vegetables. Also known, children spend an average of seven hours per day, five days per week, and nine months out of the year

in school. As such, the school environment is one important setting that can influence children's food choices and eating habits at an earlier age. By ensuring that nutritious snacks are available on a regular basis, teachers and peers can model healthy eating behaviors. For many students, especially those eligible for free or reduced price lunches, the meals and

snacks served at school are the most nutritious they will have. Good nutrition has been linked with improved academic performance as well.

Last year several of the parents of Baraboo's East Elementary students decided to look into writing a grant that would assist in providing healthier snacks for the children's daily breaks.

Dr Amy Delong and Marcy Huffaker, both parents of East kids took it upon themselves to write the grant.

The St. Claire Foundation ended up awarding the parents the grant in the amount of \$900.00.

With the money they are able to purchase a more nutritious food at least once a month for every student and teacher in the school.

Although that may seem like a small feat, the program is trying to encourage more parents to be mindful of what they provide for their children's snack break.

Hopefully the days of cookies and non-perishables will move aside for foods that will be helpful to the welfare of the



Dr. Amy DeLong is a member of the East School Parent Support Group.

student's diet.

Dr. Delong said to reinforce the benefits of eating fresh fruits and vegetables, an educational component will be added. Approximately once per week, a student will read some basic facts about a fruit or vegetable from an information sheet that explains the benefits of the food they are eating.

All of these elements are stressed so that the children may be able to recognize the need for better choices for those daily meals.

With the economical condition of local communities and the ease of purchasing foods that are not conducive to a healthy diet, it may be not as easy as it seems to provide a healthy alternative to the students break, but parents are encouraged to take it upon themselves to look for ways to provide better foods for their children.

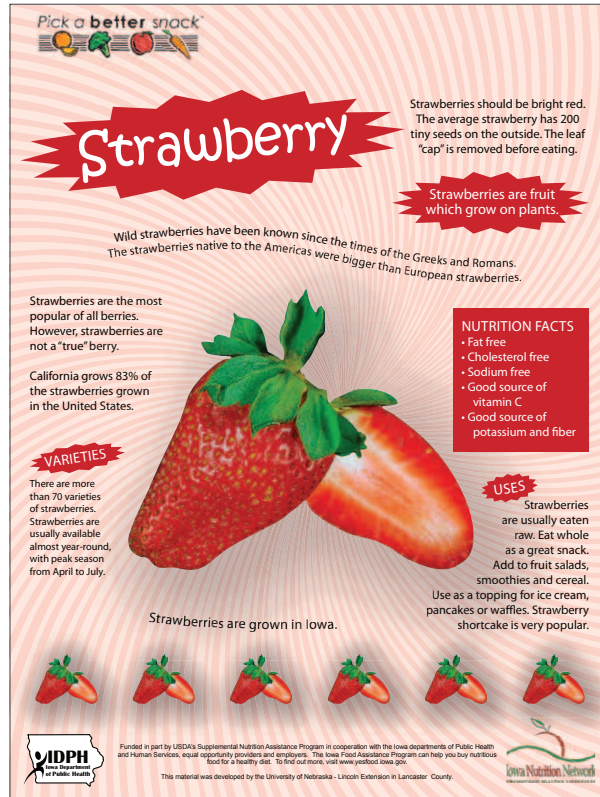
According to the teachers and staff at East the children do enjoy the fruits or vegetables when they are provided.

The school also provides a breakfast for those children that are in need.

The East School Parent Support Group is committed to this idea of including healthy snacks during the school day and can support providing snacks for some of the special events in the future.

There are at least 26 parents currently supporting this program and already committed to bringing in a healthy snack to their children's classroom once a month. It is our hope that this grant along with continued parent and teacher support will ignite and sustain an interest in consistently offering healthy snacks at school.

ESPSG is a volunteer organization and none of the funding will go towards administrative expenses.



Sample of the nutrition info sheet shown to students.

# Twin sisters take opportunity to mingle with professional athletes

Ken Luchterhand  
Staff Writer

Recently, twins Karen Hopinkah Ramberg and Kathy Hopinkah Hannan had the chance to rub elbows with players and staff of the Chicago Blackhawks.

Seeing that they are huge fans of the professional hockey team, it was an experience they won't soon forget.

"The Blackhawks logo is the most recognized logo in professional sports, even more than any professional football team's logo," Karen said.

They watch every game they can, either in person, at the hockey rink, or on television when they can't make it to the games, she said.

"Tickets are hard to come by," Karen said. "The team

is number one nationally in terms of points scored."

The reason they were able to meet, and talk to, the Blackhawks team is that they had the pleasure of attending the gala introduction of the new Chicago Blackhawks Charities Junior Board. The event was held on March 23, 2013 at ClubParis in Chicago. The new members are 20-30 "heavy-hitters" in business in the Chicago area.

Karen and Kathy have the connection with the organization because Kathy is a past board member of the American Indian Center (AIC) of Chicago. The Blackhawks support the AIC as one of their community charities. The Chicago Blackhawks are looking to do more for the AIC, Karen said.

Kathy also is a past T.E.R.O. commissioner and she was appointed by President George W. Bush to the National Advisory Council on Indian Education. Karen is on the Ho-Chunk Nation Election Board.

"Ho-Chunk tribal members are just one of the many Native American tribes that make use of the AIC," Karen said. "It's the oldest American Indian Center in the United States."

Karen and Kathy are still reeling from their night with the hockey professionals.

"We were very proud to represent the Ho-Chunk nation and wanted to share the photos from the event," Karen said.



Karen Hopinkah Ramberg (left) and Kathy Hopinkah Hannan pose with Coach Joel Quenneville of the Chicago Blackhawks. Karen and Kathy were able to meet Blackhawks players and staff during a recent event for the Chicago Blackhawks Charities Junior Board.

# New Professionals join Ho-Chunk Clinic staff

The Ho-Chunk Health Clinic would like to introduce new staff members who were recently hired to the Black River Falls facility.

The following are interviews conducted and submitted by Clinic administration.

**Kenneth A. LeMieux** [waksik razra Hoti'huga hinigaire; Huc hikikarac hiza wa uje]

**Are you willing to share anything about your family?** I am married to Kathryn Ann Harbeson. My Hocak Mother is Beverly Ann and her mother is Lula Russell and her dad is Duncan Rave. My father Edward Ackley and he is Sokoagon Ojiwe from Mole Lake. I have 5 daughters, Angela Marie, Christi Belle, Dawn Margaret, Lula Joy, Alana Kathryn and one son Kenneth Joseph.



**Kenneth A. LeMieux**

**Where were you raised?** I was born in Chicago Illinois, lived in Wisconsin until I was 4 and my parents raised me in Grand Rapids Michigan.

**What is your job title?** Department of Health Executive Director

**Why did you choose this profession?** I aim to make a difference for the services that benefit our tribal members.

**Why did you choose to work here at the Ho-Chunk Nation Health Care Center and how do you hope to help our Ho-Chunk Community?** I chose to accept the challenge of being the programs administrator for the medical enterprises and the community health services. Fiscal responsibility of each division and grant compliance are important items among my daily interactions. Ensuring the community needs are realized to the extent of the current staffing is an emphasis I will be compelling.

**Any closing remarks?** I believe in transparency when it comes to the Health Department. To the extent of allowed activity under HIPPA and the Internal Review Board decisions I will honor all freedom of information requests. Dr. Thundercloud created projects such as the dental training facility and the mobile medical unit. I will place our best efforts in action to realize the endeavor.



**Dr. Oettel**

**Dr. Oettel** comes to us from Gundersen Health System@ Cancer Center. He was gracious to answer a few questions about his collaborative work with the Ho-Chunk Nation's Health Care Center in Black River Falls.

**What is Oncology?** (Oncologist?) An Oncologist is a doctor who treats cancer. **Why did you want to work in Oncology?** I wanted to work in Oncology because of the dramatic changes that will happen in cancer care in the coming years. With new medicines and research it is an ever changing field.

**Why did you choose to work with the Ho-Chunk Nation?** I wanted to work with the Ho-Chunk Nation because it is an underserved group when it comes to cancer care and there is a real need for the Ho-Chunk Nation to get cancer care. The people of the Ho-Chunk Nation deserve great care and I want to bring it to them.

**If I come see you, will I still be able to see my regular doctor?** Yes, I can work along with your regular doctor.

**How do I schedule an appointment?** To schedule an appointment with me call 608-775-2385 or 1-800-362-9567 extension 52385. Let the scheduler know you would like to schedule an appointment

with me at Ho-Chunk Clinic in Black River Falls.

**What kind of service can you provide as opposed to traveling to another clinic?** I can give follow up care and give direction of treatment to a close by Chemotherapy center and Radiation Therapy center.

**Does age matter, as far as who you can see?** No, age does not matter.

**Does cancer type matter, as far as who you can see?** No, I can see all types of cancer.

**His final remarks were:** One thing that is so important is screening and cancer tests. If we can find the cancer early we can treat the cancer with a higher chance of cure. Just seeing your primary care provider to do your annual exams and addressing any health concerns is very important.

**Carolyn H. Ostrander MD** began working at the Ho-Chunk Health Care Center in Black River Falls on April 2, 2013. She was excited to answer questions that will help introduce herself to our Ho-Chunk community.

**Are you willing to share anything about your family?** I am recently married and my husband and I hope to grow our family in the not too distant future

**Where were you raised?** I grew up in rural Ohio on a tree farm and moved to Wisconsin in 2009

**What is your job title?** Clinic Physician



**Carolyn H. Ostrander MD**

**Why did you choose this profession?** I enjoy talking to and getting to know people, their families and their communities. I have always had a mind for the sciences and was fortunate to pursue a career that includes both.

**Why did you choose to work here at the Ho-Chunk Nation Health Care Center and how do you hope to help our Ho-Chunk Community?** I enjoy rural medicine and am passionate about caring for the underserved. I hope to learn more about the Ho-Chunk community and culture and am honored to participate at the health center.

**Bethany Schilling, FNP** first day with the Health Department was April 2, 2013. Her orientation was focus on the new mobile unit. She is currently assigned in the Ho-Chunk Health Care Center in Black River Falls, but she is anxious to begin patient visits in our new mobile unit.



**Bethany Schilling, FNP**

**Are you willing to share anything about your family?** My husband James and I live in Fall Creek, WI with our 2 daughters, Bridget who is 17, and Cassie who is 13. I enjoy spending time at home with my family.

**Where were you raised?** I am a lifetime Wisconsin resident. I've been in the Eau Claire/Fall Creek area most of my life.

**What is your job title?** I am a family nurse practitioner.

**Why did you choose this profession?** I have always been a person who enjoys helping others. This profession allows me to get to know many people, help my patients reach their health goals, and teach patients, families, and the community about important things that affect their health. I also like to continually learn and be challenged, which this profession allows me to do each day.

**Why did you choose to work here at the Ho-Chunk Nation Health Care Center and how do you hope to help our Ho-Chunk Community?**

I have had a life-long interest in Native American culture and feel blessed to have this opportunity to work in the Ho-Chunk community. I enjoy learning about your culture and history, and look forward to hearing stories and taking part in community activities. I hope to meet patients and families where they are at in their lives and work together to improve the health of individuals, families, and the whole community.

**Any closing remarks?** Thank you for welcoming me into your community and I look forward to meeting and getting to know many of you!

**Wallace Leon Apland III**

began his assignment in the Health Department in late February, 2013. Folks in the Health Department have quickly become accustomed to calling him "Wally".

**Are you willing to share anything about your family?** I am married to Carissa Apland a kindergarten teacher in Osseo, WI and have a three week old daughter named Estelle.

**Where were you raised?** I was raised in Chipewewa Falls, Wisconsin near Lake Wissota, and have spent the last 8 years living in Black River Falls, WI. I recently moved to Osseo, Wisconsin with my wife to be closer to family.



**Wallace Leon Apland III**

**What is your job title?** Interim Director of Finance

**Why did you choose this profession?** I chose this profession in order to help healthcare organizations capture all funding sources available in order to pursue their mission and to care for those that do not have access to healthcare.

**Why did you choose to work here at the Ho-Chunk Nation Health Care Center and how do you hope to help our Ho-Chunk Community?** I chose to work with the Ho-Chunk nation because I live locally and enjoy this area of the state. I have obtained a unique set of skills relevant to how health care organizations obtain state and federal funding for operations. I hope to benefit the Nations health care delivery system in maximizing all funding sources available and expanding the health care delivery system to better serve those in need.

**Any closing remarks?** I have a Bachelors Degree in Health Care Administration from UW-Eau Claire and a Masters Degree in Health Care Administration, with an emphasis in public health, from the University of Minnesota. I also have a specialized license from the State of Wisconsin to operate assisted living and long term care facilities.

I hope to meet every tribal member, especially the youth, who have an interest in helping the Ho-Chunk Nation expand their health care delivery system or is interested in obtaining a job in the health professions.



# Elder contribution to the Nation workforce is a win-win

Ken Luchterhand  
Staff Writer

The elders had a vision and it came to fruition.

They believed that they could provide their wisdom and strengths to the Ho-Chunk Nation in a way that will benefit everyone.

And now, it has come true. It's called the Elder Community Work Program, a two-year pilot program that offers part-time employment opportunities to interested Ho-Chunk Nation elders.

"It's up and running," said ECWP Administrator Jean Stacy. "I started in October and in February the elders came onboard. We have 20 elder slots, with some openings in St. Paul, Chicago and La Crosse."

There have been a lot of inquiries about the program,

she said. At present, 17 elders are gainfully employed.

"It is an opportunity to earn some spending money, to socialize, and to give the Nation an opportunity to gain from their experience, language and culture," Stacy said.

Eligibility requirements are that the participant must be an enrolled tribal elder, 62 or older, unemployed, able to work up to 20 hours per week, and be able to commit to the job up to 12 months.

Besides their chosen jobs, the elders participate in various training sessions. For instance, the group recently met for Cardiovascular Pulmonary Resuscitation (CPR) and First Aid training.

"Any time we can have training, I like to get them involved," Stacy said. "Some



Participants of the recent CPR/First Aid class are (from left) Instructor Jeff Skinner, Fred White, Frances Littlewolf, Zach Thundercloud, Stephanie Redbird, Martina Littlewolf-Falcon, Faye White, Francis Decorah, Alvane King, ECWP Administrator Jean Stacy, and Instructor Leonard Kluge.

have taken training classes such as typing, CPR, and Violence in the Workplace."

The elders accept jobs according to their individual interests, Stacy said. For instance, one of the elders is working on archiving a family history. The elder learned how to preserve the documents and photos and how to mount them for display from personnel from the Records Department. When completed, plans are to give a presentation of the work to members of the Nation.

The number of positions available for each community was based on Ho-Chunk Legislative Districts and elder enrollment as of Jan. 3, 2013. The number of positions offered to each community is one elder participant position per population of 20 elders



The recent CPR/First Aid class in Black River Falls had eight participants.

over the age of 62.

The Mission Statement of the program reads: The Elder Community Work Project shall safeguard the interest of the Nation's most valuable resource: Ho-Chunk elders.

The elder participants will be treated with utmost respect in reasonable positions they desire at safe work environments, keeping in mind Ho-Chunk elders' health and well-being.



Francis Decorah (left) administers CPR to a heart-attack victim while Frances Littlewolf prepares the defibrillator to shock the victim's heart into a normal rhythm.

## Ed and Connie Lonetree celebrate their 50th wedding anniversary

Sherman Funmaker  
Staff Writer

This story starts a long time ago. Not in a galaxy far away but right here in our own back yard. As Connie remembers it, she has always known Ed Lonetree. They seemed to always live close enough to bump into one another while growing up.

She said that back in the day there was a lot of people that lived at the Dells Park and her family was just one of them.

It was there that after a very young Ed had seen an even younger Connie walking nearby, he told his grandmother "one of these days I'm going to marry that girl."

We all may have said that at one point or another in our lives but in this case, years later that statement would become a reality.

Although the story of these two started early, it

would be a little while before they would actually find themselves together.

They went separately to grade school, high school and after high school a few years later Connie found herself in Albuquerque attending a nursing school there. She spent some time there and after an incident forced her to leave the school, she found herself finished her education in Arizona.

Ed had stayed in the area after school and Connie said that when they had finally begun to see each other in the early 60's he had got a job at American Motors in Kenosha.

She tells how they saw each other one day and although they were both were with someone else; Ed asked if they could go see a movie sometime.

She agreed and a short time later they did go see a movie and thus began this relationship that would stand

the test of time.

Ed would come up from Kenosha on the weekends to see Connie and before you know it, the relationship got serious.

Connie laughed as she said "I think I was the one that proposed to him."

They both agreed that they had come to a point where they needed to get married.

Connie had moved to Kenosha with Ed and it was there that they had agreed to get married.

They had found a "big Lutheran church", as she described it, in Kenosha where they wanted to get the ceremony done.

They both went and talked to the Minister and he agreed to do the ceremony for them.

She said that Willard and Shirley Lonetree had come down to stand up for them... and so on Tuesday April 23rd 1963, in a big old Lutheran church, with the 4 of them in



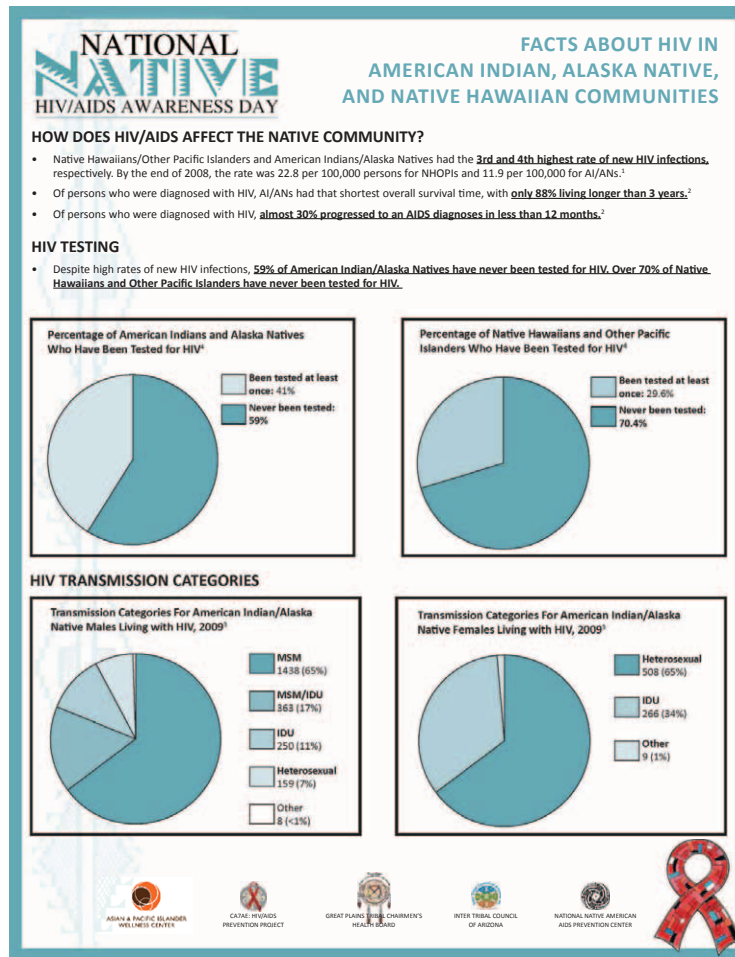
Ed and Connie Lonetree circa 1963.

attendance; they took their vows to be husband and wife.

Like any other couple, they have had their ups and downs but through it all they have always been there for each other.

When asked what the secret is to a 50 year marriage is,

she paused and said, "I think when you find someone you're supposed to be with, who you are destined to be with there is no question of being with someone else. We have respect and love for each other...yea respect and love."



## Hawaiian meal for Legion Auxiliary



The Andrew Blackhawk Ladies Legion Auxiliary held a Hawaiian Luau meal on Friday, April 19, featuring many types of Hawaiian food and festive dress for the occasion.

## District 5 Tribal Elders

The Ho-Chunk Nation Legislature has appropriated funding to repair/ replace roofs for elders 60 years of age and older. The funding is limited and the roofs are being prioritized by condition and age.

If your roof is in need of repairs please respond with the following information:

- Proof of enrollment
- Proof of ownership of the home
- Brief description of issues
- Pictures of affected areas (curling shingles, leaking areas)
- 3 bids for the work needed to be done by licensed contractors

Please mail the packets to:  
Ho-Chunk Nation Department of Housing  
PO Box 170, Tomah, WI 54660  
Attn: Greg Bird

If you have any questions, please contact the Ho-Chunk Nation Department of Housing at 608-374-1225.

## Great Rivers 2-1-1

### Landlord and Tenant Information

Submitted by  
Nicholas J. Flugaur, MSRC  
Ho-Chunk Nation  
Emergency Management

It's April, the time of the year that many of us find ourselves contemplating resigning our current lease or finding a new place to live. This decision is difficult, and the hassle of trying to find a new place to live, along with moving all of our belongings isn't an ideal one. Many of us would like to stay where we are, but that can be nearly impossible if we find our needs as a tenant are not being met.

Often at Great Rivers 2-1-1 we get callers looking for answers. Answers to questions like: can my landlord enter my apartment without giving me a notice? I've been trying to get my refrigerator fixed for 3 months, but my landlord still hasn't fixed it, and my food keeps spoiling, is this against health codes? I just moved into a new

apartment and it was filthy from the past tenant, is the landlord supposed to have the apartment cleaned?

Great Rivers 2-1-1 Information & Referral Specialists are able to help the caller navigate through these tough questions and concerns as a tenant. With a database full of resources in the community, referrals can be given to help the tenant know that they are not alone and there is help. If the roles are reversed and the landlord is having problems with their tenants, there is also help for landlords within the community as well.

Great Rivers 2-1-1 Information & Referral Specialists are available 24 hours/day, 7 days/week, including holidays. Simply dial 2-1-1 or (800) 362-8255 and get free confidential assistance. Want to learn more? Simply go online to the following web site [www.greatrivers211.org](http://www.greatrivers211.org)

**A Special event just for you.**

# GRANDMOTHERS MOTHERS DAUGHTERS

**Date: May 11, 2013**  
**Time: 10 am - 3:00pm**  
**Location: Nekoosa Community Center**

**Agenda:**  
10:00 Registration and Welcoming  
10-12 Activity booths  
12-1 Lunch  
1-2:30 Cultural Activity  
2:30-3:00 Speaker  
3:00 Closing

**First 50 to register at the event will receive a gift**

Contact Domestic Violence Program for more information  
Ho-Chunk Nation Social Service  
808 Red Iron Road  
Black River Falls, WI 54615  
715-284-2622/888-343-8190



## UTILITIES DIVISION

# “Fire Hydrants and Fire Protection”

Submitted by:  
Steve Christopherson,  
Utility Coordinator

Recently there were some questions and concerns forwarded to the Tribal Utilities Division from one of the Districts, about the fire hydrants in their community. Residents were questioning why the fire hydrants were painted black, if they were capable of fire protection, and if not could they be upgraded in order to provide fire protection.

These were all good questions and deserved answers, which were provided to those residents. I believe

at the heart of their questions about fire protection was also the issue of homeowner's insurance, and a possible reduction in their policy premium if they lived close to a fire hydrant.

In their particular community the fire hydrants are in fact painted black intentionally so that fire department personnel do not connect a pumper truck up to them, which can cause serious damage to the water mains. This is due to the fact that the water supply and storage facilities are not large enough to provide the amount of water needed for

fire protection. The water system was designed only for drinking water needs, and the fire hydrants are only used to flush the water mains.

So, if you live in a community with public water provided by the Ho-Chunk Utility Division and the fire hydrants are painted black, this does indicate the water system is not large enough to provide fire protection. If on the other hand the hydrants are painted red, this indicates to the fire department that some fire protection capability is available, and they will take water for firefighting if needed.

In regards to homeowner's insurance coverage, as far as I'm aware yes, there would be a slight reduction in the policy premium if you live within a certain distance of a water system that provides fire protection. This will vary with each insurance company so you should contact your agent if you have questions. In some cases insurance companies will contact local fire departments to gain information about the city water system capabilities. This information is provided to the fire department by the water system officials. The Nation's water systems

are no different, and we do communicate with local fire departments about our water system capacities.

If you are a resident connected to one of the Nation's public water systems, and you have questions about the fire hydrants or fire protection in your community, feel free to contact the Ho-Chunk Utility Department and we will try to answer any questions you might have. We can provide information directly to your insurance agent if needed. Our office number is 608-374-3951, extension 5773.

## Spring time maintenance guidelines

**Gutters-** It is very important this time of year to make sure that your home's gutter system is in proper working order. Gutters do an amazing job at keeping water out of your house; but only if they are properly maintained. The first thing you need to do is check that the gutters and downspouts are free of leaves and other debris. You may not even have to get up on a ladder to find out. Think about the last time it rained. Was the water flowing freely out of the downspout and away from your house? Or was it slowly trickling, but pouring over the sides of the gutters and pooling at the foundation of your house? If that was the case, you may have to get up there and clean them out. It's not a difficult task, and while

you're up there, you can grab that Frisbee that the kids got stuck up there last year.

**Furnace filters-** The filter on your furnace needs to be changed monthly. This is one of the best things you can do to preserve the life of your unit. The more clogged your filter becomes, the harder your HVAC system has to work. The harder it works the more wear and tear it's causing to all its parts. This leads to mechanical failures that can be very expensive, and can even require replacing the entire unit. Another reason to change the filter regularly is that it while the system is working efficiently, it is saving you money. The fewer resources it uses to heat or cool your house, the fewer resources you have to pay for.

That, combined with causing less stress to your furnace, make changing the filter one of the easiest, most cost effective things you can do to maintain your home.

**Fire prevention-** We've all heard that Daylight Savings Time is a great reminder to make sure that your smoke detectors are in working order. A month has now gone by since Daylight Savings Time began; did you remember to put fresh batteries in them? Did you make sure that your fire extinguisher is charged and ready to use in case of fire? Do you even have a fire extinguisher? Have you talked to your children about what to do in case of an emergency? These are all questions we need to be asking ourselves. Cleaning

of your house's dryer vent is also very important when it comes to preventing a house fire. Not all the lint your dryer produces is caught by the lint trap. The hose or exhaust duct work can also become congested with lint. This can contribute to fires in two ways. The first being that the more clogged your exhaust system becomes, the harder your dryer has to work to dry your clothes. This causes extra stain on all the components, including the heating components, and the electrical wiring. If this causes a short, or sparks, the second way excess lint can be dangerous is that it is quite flammable, and makes great kindling for a potential fire.

Home Ownership Program  
The Department of Housing

Home Ownership Program's applicant selections happen during the summer, so spring is a perfect time for Tribal members who have applied for the Ho-Chunk Nation Home Ownership Program to update their information. The Department of Housing recommends that you update your information yearly. Doing this insures that everyone is getting credit for the points they deserve, and assistance is given to those who need it. If you need an update form, or would like to apply, please call the Department of Housing at (608) 374-1225 and ask for Malachi Emery or Patti Hanson.

## Spring Clean-Up

The Department of Housing, in coordination with Tribal Aging Unit will conduct a Spring Clean-up. Spring Clean-Up will be conducted in the following areas; Augusta, Baraboo, Black River Falls, Dells Dam, Fairchild, La Crosse, Lyndon Station, Mauston, Nekeosha, Osseo, Reedsburg, Tomah, Sparta, Wisconsin Dells, Wisconsin Rapids, and Wittenberg. The calendar shows the scheduled pick-up dates for each area.

HHCDA will conduct and provide the details of their Spring Clean-up in their communities

The Housing Staff will notify you two days prior to your scheduled pick-up date.

Exception: Return trips to an address or for an unscheduled stop will require a \$50.00 fee to be paid prior to the pick-up.

A. Place all items at the beginning of the driveway, road or curbside. Housing staff will not drive onto the property or go into the backyard or enter the house, garage, or shed to pick-up items.

1. Allowable: appliances including: microwaves, freezers, refrigerators, ranges, washers and dryers, furniture, computers, TV's, air conditioners, tires (limited 10), batteries, lawn mowers, grills, bicycles, mattresses and other bulk items.

2. Not allowable: trash, garbage, lawn clippings, tree branches, oil or other automotive fluids, roof shingles, or items that pose a hazard such as chemicals, paint, fuel, aerosol containers, etc...

Important: Please complete the Request for Pick-Up form and fax to (608) 374-1233 Attn: Daniel. Or return to the Housing Department five days prior to your area's scheduled pick-up date. If you have any questions/concerns please call (608) 374-1225 and we will be happy to answer any questions/concerns you may have.

Thank You Very Much,  
Daniel Rosin  
Ho-Chunk Nation Department of Housing

P.O. Box 170, Tomah, WI 54660 • Office (608) 374-1225 / Fax (608) 374-1233

## Request for Pick-Up Form

Place all items at the beginning of the driveway, road or curbside prior to the scheduled pick-up date for your area.

Please print all information:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Present Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Directions to resident: \_\_\_\_\_

Items to be picked up:

Item	Qty	Item	Qty
Air Conditioner.....	_____	Batteries .....	_____
Computers .....	_____	Freezer/Refrigerator .....	_____
Furniture .....	_____	Microwave .....	_____
Range .....	_____	Tires (10 Limit) .....	_____
TV's .....	_____	Washer/Dryer .....	_____

List other items: \_\_\_\_\_

**Reminder:** Due to high fuel cost, Housing will not make a return trip to an address or area unless the fee of \$50.00 has been paid in full.

Please return your request for pick-up form in five (5) days prior to your area scheduled pick-up date.

I have read and understood the terms for Spring Clean-up.

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_



**TRIBAL EMPLOYMENT RIGHTS OFFICE**  
P.O. Box 667, Black River Falls, WI 54615 (715) 284-5877

## Ho-Chunk Nation – Department of Labor

477/TERO divisions

# SOFT SKILLS Workshop

The 477 & TERO divisions will be holding workshops in the months of April and May 2013 in Black River Falls, WI at the HCN executive building in the Dept of Labor Conference Room. These classes will emphasize skills and characteristics that all employers look that make you a valuable asset to them. This training is designed to emphasis a strong Work Ethic to help you maintain employment.

Additionally, we will cover topics to help you with Job Searching, Job Applications, Resumes, and Interviewing skills.

**Dates:** \*April 26, 2013 \*May 8, 2013 \* May 22, 2013



Contact a Case Manager for more details – (715) 284-5877 or 1-800-294-9343

\*Sage Funmaker

\*Melissa Johnson

\*Julie Rodriguez



## First Nations Community Financial

"Your Success is Our Success"

### BOARD RECRUITMENT

FIRST NATIONS COMMUNITY FINANCIAL  
206 S. Roosevelt Rd. Suite 123  
Black River Falls, WI 54615

"Strengthen Native American Families and Communities by providing the highest quality of personal financial services."

First Nations Community Financial is a Native Community Development Financial Institution, NCDFI. We are a specialized financial organization designed to develop assets and create opportunities in our community. CDFIs generally focus their activities and resources on one or more areas of social need, including affordable housing, small business support, community investment, community facilities, consumer credit, and financial services.

We are looking for individuals interested in serving on First Nations Community Financials Board of Directors. These individuals should have a demonstrated interest in First Nations Community Financials mission. Specific experience and/or knowledge in at least one element: banking, legal, finance, education, community development, administration, personnel, program development, public relations, communications, and private business. We are still in the early stages of development and need your expertise to continue growing into a sustainable financial institution.

Our Board of Directors is a voluntary board. Further information may be received from First Nations Community Financial office, located at

206 S. Roosevelt Rd. Suite 123  
Black River Falls, WI

Or

Contact Francesca Bird at 715-284-2470



### L. I. F. E. > Women's Group

**i n r v Numerous Topics**

**v e e Prof. Presenter**

**e e r Julia Persike**

**d y**

**o a**

**m y**

**We meet on two**

**THURSDAY'S of**

**each month !**

**Check our posters**

**When:** Thur. May 2nd @ 5:00 pm

Thur. May 16th @ 5:00 pm

**Where:** House of Wellness – 2845 White Eagle Rd.

Baraboo\* 1st floor conf. rm\* Please RSVP by

calling : 1-888-552-7889 ex. 5623 \* LAM

Come Join Us—Bring a friend—Snacks provided

**Sponsored by:** Ho-Chunk Nation- Domestic Abuse Division

## Ho-Chunk Nation Law Enforcement Commission

### Upcoming Commissioner & Alternate Commissioner Position Vacancies

**Jackson County**  
Commissioner

**Monroe County**  
Commissioner  
Alternate Commissioner

**Sauk County**  
Alternate Commissioner

The Ho-Chunk Members of each county with which the Nation has a County-Tribal Law Enforcement Agreement shall select, from the members of that local County-Tribal Law Enforcement Committee **by majority vote**, their Commissioner and Alternate Commissioner. The Alternate Commissioner shall serve only in the absence of the Commissioner. The Ho-Chunk Legislature shall confirm the appointment of each Commissioner and Alternate Commissioner.

Commissioners and Alternate Commissioners shall serve a two (2) year term.

#### Qualifications

A Commissioner and Alternate Commissioner shall meet the following qualifications:

- A member of the Ho-Chunk Nation.
- At least twenty-five (25) years of age.
- A resident of the county of representation for at least one (1) year.
- A satisfactory background investigation shall be required. Any felony conviction within the immediately preceding ten (10) years would prohibit any person from serving on the Commission unless waived by the Legislature when the person has demonstrated and shown that his/her prior activities do not pose a threat to the credibility and integrity of the Commission.
- Not an employee of a law enforcement department.
- Not an immediate family member of either the Attorney General or the member attorney from the Department of Justice.

For more information, please see the Law Enforcement Commission Establishment and Organization Act.



The HO-CHUNK NATION CHILDREN AND FAMILY ACT and HO-CHUNK NATION THIRD PARTY GUARDIANSHIP ACT permit the Court to appoint a guardian ad litem (GAL) to protect the best interests of minor children in juvenile court proceedings.

The Court shall host an on-site GAL training session on May 29-31, 2013, at Wa Ehi Hoci in Black River Falls.

Current guardians ad litem seeking to serve during the 2013-2014 year are required to attend at least eight (8) hours of continuing legal education pursuant to the HCN Rules for Guardian Ad Litem adopted by the Supreme Court.

Ho-Chunk employees may receive paid Educational Leave to attend the course. Please contact your immediate supervisor for more information.



## GUARDIAN AD LITEM TRAINING May 29-31, 2013



Information regarding service as a GAL is available from the Clerk of Court at (800) 434-4070 or (715) 284-2722 or online at <http://ho-chunknation.com/?PageId=481>

Wishing you a  
Happy 8th Birthday!  
**Andrew Rave Jr.**  
Hucskaga "Whitebear"



With love from  
all your family!



**Ho-Chunk Nation Tribal Office Building Atrium  
Wednesday, May 15, 2013 • 1:00 p.m.-4:00 p.m.**

Hosted by Ho-Chunk Nation Division of Veterans Affairs  
Tomah Veterans Affairs Medical Center

Registration, Enrollment & Eligibility  
Homeless Veterans Initiative • Veterans Transportation System  
Audiology Services • Outreach & Health Promotion  
Women's Health Coordinator • WDVA Home Loan & Job Program  
OEF/OIF Program • State Benefit Programs

Please bring a copy of your DD214- if you are looking for benefits for the first time. The copy must be legible and must show character of discharge (e.g. Honorable, Under Honorable Conditions)

## HO-CHUNK NATION

### House of Wellness Lifeguard Certification Class

S2845 White Eagle Rd. Baraboo, WI 53913

Ph.1-888-560-4616/355-5155 ext. 5519

Email-[cheryl.kidd@ho-chunk.com](mailto:cheryl.kidd@ho-chunk.com)



**American  
Red Cross**



### MUST PRE-REGISTER AT HOW POOL OFFICE

Class is limited to 14 students –

### **MUST ATTEND ALL SESSIONS TO OBTAIN CERTIFICATION!**

Call Cheryl Kidd-Aquatic Supervisor HOW, LGI, WSI, CPO, AFO, Zumba Aqua Instructor

(608) 355-5155 ext. 5519 For any questions.

### House of Wellness Lifeguard Certification Class Schedule

Wednesday	December 26	8am-5pm	Thursday	December 27	8am-5pm
Friday	December 28	8am-5pm	Saturday	December 29	8am-5pm

(Must Attend All Days, Bring lunch, snacks and drink)

**FREE to HO-CHUNK Members**

**Ho-Chunk Youth encouraged to attend**

**HOW Members cost-\$200.00**

**Community Members cost-\$250.00**

10% Discount if registered by Dec 1, 2012-Payment must be paid in full-No refunds



## GARAGE / YARD / DRIVEWAY SALE

**HO-CHUNK VILLAGE**  
NE OF HG-WISC. DELLS CASINO – SENIOR DUPLEX

MAY 1, 2 & 3 from 9am – 5pm

May 1~Chili & Frybread

May 2~Wild Rice Soup & Frybread

May 3~Indian Hot Dogs

PATIO FURNITURE, TRADING POST ITEMS, CLOTHING,  
HOUSEHOLD ITEMS, DOODADS, ETC...



# Ryli Decorah, art student and so much more

Sherman Funmaker  
Staff Writer

Artist, photographer, writer, potter and sculptor Ryli Decorah keeps herself busy with school, sports and of course, most importantly, her artwork.

This 18 year old senior at Janesville Craig High School has been involved with art since she was in 5th grade. One of her first works still stands at Lincoln Elementary School in Janesville.

The daughter of Rachael Decorah and granddaughter of Ann Decorah has been doing some sort of art most of

her young life. She said that she started out by drawing in coloring books but soon started drawing. Her desire to create has only grown since then.

She has been recognized for her pieces and although she hasn't had a real art show, she continues to build up her collection of works hoping to one day have them shown in a gallery setting.

She keeps herself busy with soccer, writing and her 5 art classes that she is currently taking.

"I feel like this art and the creation of these pieces is a

sort of therapy." She said.

She explains that in her short life she has been through some hard times and the way she helps deal with her surroundings she turns to the times when she can get away and paint, draw or work on her pottery.

She lives with her grandmother and like many families today has issues with her parents and their participation in her life.

Her grandmother Ann said that Ryli doesn't let those issues get her down. She stays busy with school, sports, art and while doing all that, her job at the local Aeropostale store as a media visual specialist is a welcome getaway.

She has been there for 2 years and management there uses her as an example of what an ideal employee should be.

She designs store displays, she helps conduct food drives, jean drives for the needy and has been an excellent worker according to her manager Audrey Downing.

"An ideal employee who



Ryli painting in one of her art classes.



Painting by Ryli Decorah.



Clown piece by Ryli.

works hard, goes above and beyond what the store asks of her and is very motivated to help people along the way" Downing adds.

After graduation this year she plans on continuing her education at UW Milwaukee's Peck School of the Arts. She said that teaching may also be a part of her future.

Right now she is busy being a young lady with a

plan to continue her craft, her education and her volunteer work.



Original works by Ryli.

## Ho-Chunk lady pool players "Shoot for a Cure"

Sherman Funmaker  
Staff Writer

Hundreds of pool players gathered at several pubs in Wisconsin Rapids the weekend of April 6th and 7th to raise money for breast cancer research.

The weekend marked the 12th annual "Shoot for a Cure" pool tournament at Goose's Pub in Wisconsin Rapids, just one of the 22 bars in the area that hosted this annual event.

"There's so much heart in all of these ladies. It's wonderful," Tournament Director Doris Laskowski said.

It all started 12 years ago. Doris and her sister-in-law Peggy came up with the idea to raise money for breast cancer research.

"Peggy was a breast cancer survivor and her mother passed away from breast cancer so it was her idea," Laskowski explained.

And as the years have passed, organizers say the way the event has grown is overwhelming and as one

of the Ho-chunk shooters, Ericka Cloud said, "there is a long waiting list of people who want to participate in this event."

"This community really rallies around this. There is so much cancer out there and it affects all of us, every lady that's here, that's why they're here," Laskowski said.

This year, 144 lady sharp shooters from all over the Midwest took to the tables for the two day event.

Many of the players have been affected by breast cancer in some way. Some are proud survivors, while others play to support a loved one.

According to Cloud this year this event raised about \$35,000.

There were 144 individual women players for the weekend and on Sunday organizers had some 32 men also play in the tournament.

Among the 32 men players were tribal members Al Redcloud and Jesse Smith.

District 3 Legislator Heather Cloud said that the Nation donated \$5,000 to this event

this year.

In its 12 year history organizers say the event has raised more than a quarter of a million dollars. All the money raised stays in Central Wisconsin helping fund breast cancer research at Marshfield Clinic.

Facts of breast cancer in the United States

- One in eight women will be diagnosed with breast cancer in their lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- Breast cancer is the second leading cause of death among women.
- Each year it is estimated that over 220,000 women in the United States will be diagnosed with breast cancer and more than 40,000 will die.
- Although breast cancer in men is rare, an estimated 2,150 men will be diagnosed with breast cancer and approximately 410 will die each year.



Pool players for this year's event are: (l-r) Leola Rockman, Missy Redcloud, Barb Smith, Hilary Johnson, Cheryl Brinegar, Rep. Hope Smith, Ericka Cloud and Carmen Redcloud. Not pictured, Amanda Johnson.

Not counting some kinds of skin cancer, breast cancer in the United States is—

- The most common cancer in women, no matter your race or ethnicity.
- The most common cause of death from cancer among Hispanic women.
- The second most common cause of death from cancer among white, black, Asian/

Pacific Islander, and American Indian/Alaska Native women.

In 2009 (the most recent year numbers are available)—

- 211,731 women were diagnosed with breast cancer.
- 40,676 women died from breast cancer.

If you want to know more about breast cancer numbers, visit Statistics.